

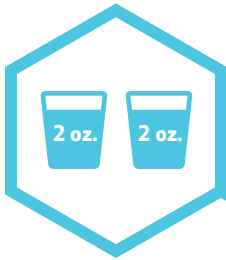
# ASEA<sup>®</sup>

REDOX

## USAGE GUIDE

ASEA REDOX enhances the ability of every cell in your body to facilitate positive gene expression, which can have a positive impact on your health from the day you begin using it.\*

### FOR BEST RESULTS



Drink four ounces of ASEA<sup>®</sup> REDOX every day. We recommend two ounces in the morning and two ounces in the evening.



Consume within one month of opening.



Do not mix ASEA REDOX with anything.



ASEA REDOX may be refrigerated for improved taste.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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# RESULTS TRACKER

This chart will help you recognize the changes that are happening in your body as you take ASEA® REDOX\*. Rate each function listed from 1-10 (10 being very good), and total the results. Fill out the CURRENT column before you begin, and track your results each week to see the difference ASEA REDOX is making.

FUNCTION*	CURRENT	DAY 7	DAY 30	DAY 60	DAY 90
Energy					
Sleep					
Digestive					
Stress/Mood					
Mental Focus					
Muscle Comfort					
Joint Comfort					
Skin Health					
Endurance					
Workout Recovery					
Seasonal Issues					
Other _____					
Total					

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